



THE HEMS DISPATCH



Welcome!

While it may not look like it right now, we are on the cusp of spring, and that means our busiest season is right around the corner. With the warmer weather comes community events, fire department trainings, and now that it's officially ice-out – our Water Patrol on Lake Minnetonka will be gearing up.

We look forward to seeing community members on the streets, at the lake and at events very soon.

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HEMS

BY THE NUMBERS



The Hennepin EMS education team has been busy in Q1 of 2024, including an extremely active February! Our team instructs Hennepin Healthcare staff and community partners in life-saving skills and pre-hospital care, as well as continued education and certifications, to help patients have the best outcomes. Classes and courses are taught in both classroom settings and in our state-of-the-art [Interdisciplinary Simulation and Education Center](#).

In the month of February alone, HEMS educators trained **1,708 students**, including **1,115** Hennepin Healthcare staff members and **593** community partner individuals. Over **9,816** student hours took place in the classroom, and **1,988** were clinical student hours, for a total of **11,804** student hours.



HEMS

IN THE NEWS



Hennepin EMS Deputy Chief of Operations Charlie Sloan [authored an article in EMS1](#) about how HEMS is the first large urban EMS nationwide to equip our fleet with weighing systems. These weighing systems enable us to achieve the most accurate dosing possible, which is especially critical with our pediatric patients. Sloan also appeared on [FOX 9 News](#) discussing the topic.



HEMS

IN THE COMMUNITY



Hennepin EMS often gets requests for first aid tips and safety classes. This month, we helped several local Scouts and Girl Scouts learn these important skills. Thanks to our team members who took the time to help these kids earn their first aid badges!

We also facilitated a training with the Career and Technical Education Program of Minneapolis Public Schools at Roosevelt High School. The training was led by Dr. Jasmin Millon, a first year resident. Together we covered Narcan administration, CPR, choking, Stop the Bleed, and using ultrasound. We loved seeing their enthusiasm and hope the training inspired a few future EMS professionals!



It's been a BIG month with the NCAA Big Ten Tournament here in Minneapolis! As the EMS provider for Target Center, host to the 2024 Big Ten Tournament, the HEMS team was a part of all the college basketball hoopla! We're proud of the work our events team does year-round keeping venue staff, athletes, entertainers and fans safe!



HEMS STAFF SPOTLIGHT

With record warmth this winter, our local frozen lakes were not as safe as usual. Hennepin EMS was involved in several ice rescues, including one incident that occurred at Lake of the Isles in Minneapolis in late February.

HEMS paramedics, along with Minneapolis Park Police, were called to help a 36-year-old man who had fallen through the ice about 100 feet from shore. When crews arrived, they found the patient submerged up to his neck and yelling for help. With coordinated efforts, the patient was pulled to safety in a matter of minutes and transported to the hospital. Thanks to HEMS paramedics Sam Hanes and Jackson Thiets for their contribution to this positive patient outcome!



HEMS COLLABORATION

Hennepin EMS has launched a rapid follow-up program for Congestive Heart Failure (CHF) patients that reduces hospital inpatient stays while also maintaining our high standards of patient care. In collaboration with the CHF clinic, a member of the HEMS Community Paramedic (CP) team makes a home visit to examine a patient within 24 to 48 hours after a CHF-related hospital stay.

During the initial home visit, the CP will obtain vitals, weight, Basic Metabolic Panel (BMP) using a portable diagnostic device called an i-STAT and perform a cardiac point of care ultrasound (POCUS). Collected images and diagnostics are electronically sent to be reviewed by the CHF clinic provider. The CP then facilitates a virtual appointment between the patient and the CHF provider, after which any necessary adjustments are made to the patient's care plan. This quick and advanced in-home care allows the patient to recover comfortably in their home one to three days earlier than they would have otherwise while also relieving hospital resources to better meet demand.



HEMS SUCCESS STORIES

Hennepin EMS will often host elected officials and community leaders for ride-alongs, so they can see firsthand what our crews are experiencing on the streets. Recently, CEO of Genoa Healthcare and board member of the Hennepin Healthcare Foundation Todd Gustin joined HEMS Chief Martin Scheerer, and had this to say about his experience:

"From the logistics, administration and coordination to the compassionate care delivered in the field, the Hennepin Health team is impressive. I was especially struck by the hardworking dedication and patience that the team demonstrates in its engagement with

the patients and community overall. The team not only meets the urgent healthcare needs of the patients, but also serves the broader community during those times of urgent need. I saw it firsthand as the team engaged with patients. I was also struck by the level of effective coordination across agencies (fire, police, other EMTs) that enables a community approach and efficiency. On behalf of the metro community, thank you to all those that serve every day to support those in need...the work extends beyond healthcare into community service and human kindness.”



March 2024